

AUTUMN

Haven
WELL WITHIN

2026

The season to move slowly, with *intention*

As the days start to shorten and life settles into a more structured routine, autumn invites a slower pace, intentional moments, and a sense of calm to your daily rituals. Let our new collection — in organic fabrics, nature-inspired colors, and laidback silhouettes — restore and envelop you in comfort.

Shop the Autumn Collection at *havenwellwithin.com*.

Bring calm to the daily rush











Settle into the rhythm of autumn

Embrace new restorative rituals

Build intentional routines



The Oversized Bandana
Thoughtfully crafted from lightweight 100% wool.
Discover what’s new at havenwellwithin.com.

A Organic Cotton Heritage Striped Roll Neck Sweater in Chantrelle/Garnet/Carbon, A05639 $148 **B** Pima Cotton Poplin Lace Pintuck Midi Skirt in Garnet, B05639 $148
C Oversized Wool Bandana in Garnet, C05639 $68 | **D** Suede Buckle Clogs in Acorn, D05639 $168

A

A Cashmere Shaker Stitch Cropped Cardigan in Dark Tomato Heather, A06639 $238



Tallow lip balm

Instantly relieve dryness to protect & calm chapped lips.



Lip whip

Peptide-powered formula keeps lips looking supple & never greasy.



Lipstick

Sustainably crafted color meets a clean, fortifying formula.



Lip crayon

Delivers rich color & hydration with a creamy demi-matte finish.

The secret to your *perfect* pout

Experience our curated Lip Collection at havenwellwithin.com.



Lip oil

Glides on effortlessly to naturally plump & restore lips.



Lip balm

Nourishing oils & butters seal in moisture for soft lips.



Lip scrub

Gentle exfoliation leaves lips smooth & ready for hydration.

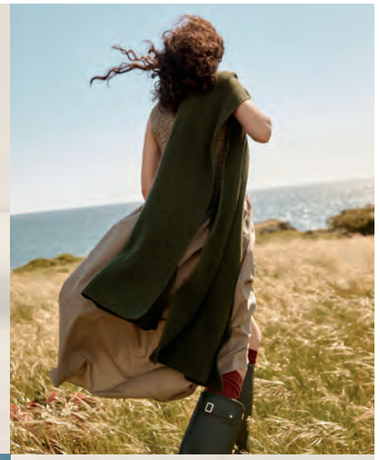


Lip nourish lipstick

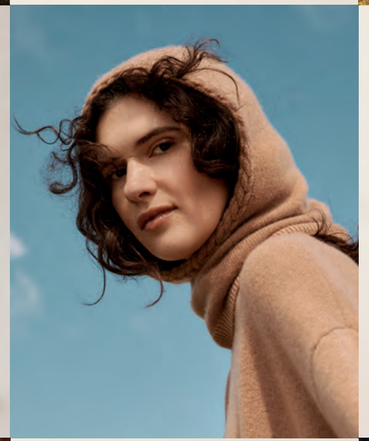
Add color & hydration to your lips with universally flattering tints.



















Cashmere is our *love language*

Shop the full collection of cashmere clothing and accessories at havenwellwithin.com.

A Cashmere Cable Trim Crewneck Sweater in Dark Camel Heather, A09639 $258 **B** Cashmere Wide Leg Cargo Pants in Deep Chalet Heather, B09639 $288
C ALOHAS Tb.490 Mule Leather Sneakers in Cream, C09639 $190

Where summer lingers and fall begins. At Haven Well Within, we believe your wellbeing starts with replenishing routines and thoughtful moments that nurture you, like quiet shoreline mornings, salt-tinged breezes, and the undeniable comfort of the great outdoors.

Invite ease and intention with our comfort-first collection at havenwellwithin.com.

A Crepe Gauze Plaid Top in Nightfall, A11639 $68 **B** Organic Cotton Rib Knit Front Button Shirt in Garment Dye Nightfall, B11639 $98
C Marled Cashmere Shaker Stitch Crewneck Sweater in Storm Blue Fleck, G11639 $348 / **D** Crepe Gauze Plaid Shorts in Nightfall, D11639 $68

Make room for mindful moments

Breathe in the crisp autumn air

A
B
C
D

New
The Daily Shirt, reimagined in
a versatile longer length

A The Longer Length Daily Shirt in Organic Cotton Poplin Baton Stripe, A12639 $138 **B** Organic Cotton Poplin Pants in Baton Stripe, B12639 $118 **C** Cashmere Shaker Stitch Cardigan in Fresh Cream, C12639 $248 **D** Suede and Sherpa Moccasin Clogs in Acorn, D12639 $158 **E** The Daily Shirt in Garment-Dyed Organic Cotton Poplin, Cotton Denim Ecru, Organic Cotton Poplin Stripe, Délavé Linen Pinstripe, and Drapey Twill; and The Longer Length Daily Shirt in Organic Cotton Poplin Baton Stripe and Organic Cotton Poplin Modern Stripe, E13639 $118-$148

E

★★★★★

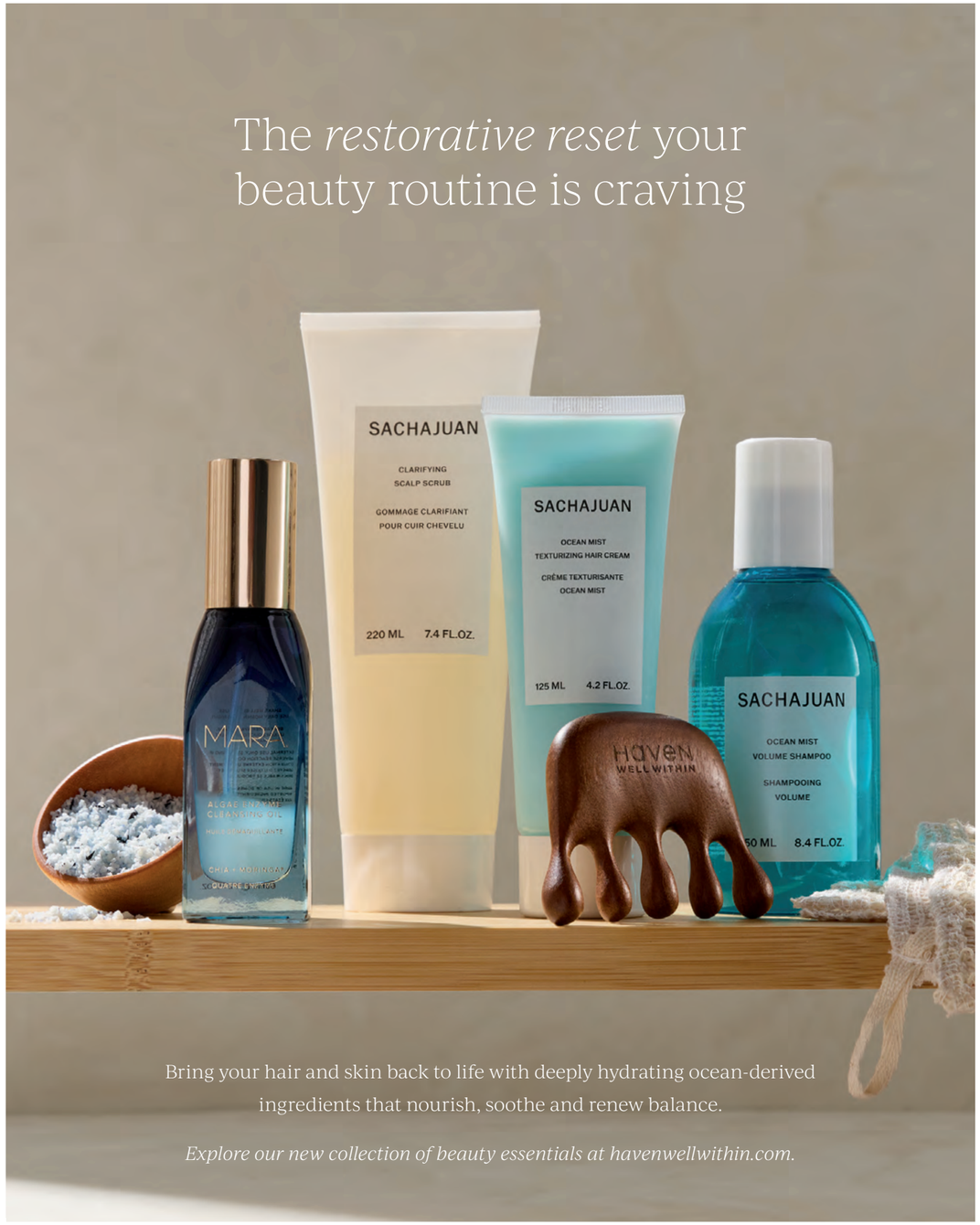
Your forever favorite

THE DAILY SHIRT

“So many compliments.
I’m loving this!”



The *restorative reset* your beauty routine is craving



Bring your hair and skin back to life with deeply hydrating ocean-derived ingredients that nourish, soothe and renew balance.

Explore our new collection of beauty essentials at havenwellwithin.com.

A The Daily Shirt in Garment-Dyed Organic Cotton Poplin, A15639 $128 **B** Cotton Bliss Lace T-Shirt Bra in Wind Dot, B15639 $58 **C** Cotton Bliss Lace Bikini in Wind Dot, C15639 $18
D Resti Organic Cotton Poplin Plaid Boxer Shorts in Full Moon, D15639 $58 **E** Cashmere Collegiate Stripe Socks in Deep Marine Heather/Fog Heather, E15639 $68

Haven
WELL WITHIN
175 Beal Street, Hingham, MA 02043

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Questions? We're here for you.
Online: havenwellwithin.com/help
Email: customer.service@havenwellwithin.com
Phone: 1-833-428-3699
Mail: 175 Beal Street, Hingham, MA 02043

Need more information?
Visit havenwellwithin.com/help. To opt out of receiving future catalogs or to receive fewer catalogs, call us at 1-833-428-3699.

SHOP THE COLLECTION

A daily dose of *good for you*®

Discover Haven Well Within.
A thoughtful collection of comfort-first clothing
and considered essentials, curated with
your wellbeing in mind.

havenwellwithin.com

EXPERIENCE THE NEW COLLECTION

$50 off every $150

*+ Free shipping on orders of $150+**

with code: **RHYTHM**

TUESDAY, SEPTEMBER 8 – MONDAY, SEPTEMBER 21

See below for details.

31291



FRONT COVER
A Textured Cotton Blend V-Neck Sweater in Red Clay, A01639 $128
B Organic Cotton Essential Striped Scoop Neck Tank in Fawn Heather/Nightfall, B01639 $58
C Flowy Drawstring Midi Skirt in Red Clay, C01639 $98

THIS PAGE
A Cotton Blend Fair Isle Sweater in Heather Cream, A16639 $148
B Organic Cotton Denim Boxy Jacket in Indigo Ink Wash, B16639 $148
C Organic Cotton Denim Barrel Leg Pants in Indigo Ink Wash, C01639 $138

$50 off every $150 or more Haven Well Within merchandise valid 9/8/26–9/21/26. Offer valid at www.havenwellwithin.com and by phone at 1-833-428-3699. Qualifying purchase amount is determined after allowable discounts and before tax and U.S./Canadian Shipping. Use promo code: **RHYTHM** at checkout. Discount will be applied at checkout. Free standard shipping on $150 or more valid 9/8/26–9/21/26 on orders shipped by standard delivery to one shipping address within the continental U.S. and Canada. Use promo code: **RHYTHM** at checkout. Qualifying purchase amount is determined after allowable discounts and before tax and U.S./Canadian Shipping. Additional charges may apply if you choose express delivery and/or multiple shipping addresses. All applicable duties and taxes will be paid by the package recipient. Offer combinable with other offers except shipping offers.